

# New Arrival Care Sheet

(Mealworm Care)



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## Your Live Mealworms are Here!

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### KEY POINTS

- Inspect your shipment upon arrival. Notify us if there are any problems
- Place mealworms into a suitable container for long term storage
- Provide adequate ventilation
- Keep mealworms around room temp (68-72 degrees F) for best results
- Provide constant source of food

Once you receive your mealworms, inspect them to make sure they appear to be healthy and alive. Mealworms can survive living in a refrigerator for months, so if they arrive cold they should be okay.  
If not, contact us to arrange your replacements.

Mealworms do best with good ventilation, 2-3 Inches of edible substrate and temperatures around from 68 -72 degrees. You can house them in any smooth sided container such as glass containers, krittter keepers, or even a metal coffee can for smaller quantities. As long as the container is deep enough that they cannot crawl out, you can leave the top completely open for ventilation. Mealworms will survive at cooler temperatures but will thrive, grow, eat, and stay healthy the warmer you keep them (up to max 80 degrees).

Mealworms will eat their substrate and require a constant source of fresh food. You can offer them assorted fruits and vegetables to keep them hydrated. **DO NOT ADD WATER, THEY WILL DROWN THEMSELVES.** Make sure to keep their container dry, moisture will increase the chance of mold.

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*Contact us @pangeareptile.com/satisfaction with any questions!*

[www.PangeaReptile.com](http://www.PangeaReptile.com)

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